



MIT Sport Taekwondo

September 21, 2021

Dear Participants,

The MIT Sport Taekwondo Club is very pleased to invite you to the first Eastern Collegiate Taekwondo Conference Tournament of the 2021-2022 season. The tournament will be held on **Saturday, October 30th** at the **Johnson Athletic Center** of the **Massachusetts Institute of Technology** in Cambridge, Massachusetts. This year, the tournament will start at **8 am Eastern**. Please arrive by **7:15 am Eastern** to allow time for registration and to avoid missing the first few events.

In this packet, please find the scheduling information, tournament information, and driving directions for the event. Tournament registration may be completed by following the directions at <https://www.ectc-online.org/registration->. Please **register your team by Thursday, October 14th at 10 pm** by completing the registration spreadsheet. This is a hard deadline. To register, **obtain a tournament registration spreadsheet by Thursday, October 7th** at <http://www.ectc-online.org/registration->. Team applications received after the deadline will incur a \$50 fine, per ECTC regulations.

In addition, please take note of the **COVID-19 regulations and rules** associated with this tournament. Particularly, **only teams from schools who have a COVID-19 Vaccination Requirement are allowed to register for this tournament**. This is a hard requirement by MIT and no exceptions can be made.

As a reminder, all A-team and B-team matches will be run using the Daedo electronic chest protectors. All A-team and B-team sparring competitors must provide their own Daedo e-socks, which can be purchased at <http://www.tkdscore.com/>. Gen 2 socks are recommended regardless of the division, but Gen 1 socks will be permitted. All C-team matches will be scored by click button scoring and do not require e-socks.

If you have any questions or concerns, please contact the MIT Sport Taekwondo executive board at sport-tkd-exec@mit.edu.

We look forward to seeing everyone in October!

Sincerely,

Elizabeth Zou
President of MIT Sport Taekwondo

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Tournament Schedule

Time	Event
7:15 am	Competitor registration and weigh-ins
7:45 am	Registration closes (all competitors must be weighed in and all teams must be confirmed)
8:00 am	Opening Ceremony
8:15 am	Poomsae competition begins Sparring competition will begin after the completion of Poomsae competition
7:30 pm	Closing Ceremony

Please be on time, as competition will begin regardless of whether or not the registered competitors have arrived!

Early Weigh-ins

All teams are required to weigh-in the day before the tournament, to improve tournament-day efficiency. Weigh-ins will be done entirely remotely via web video chat. Remote weigh-ins with the ECTC Tournament Committee will start at 9 am Eastern on Friday, October 29th. Information about remote weigh-ins can be found on page 19 of the competition rules under Weigh-In Procedures:

<https://www.ectc-online.org/rules>. Please make sure you have 1-2 scales that pass the water test. If your scale(s) do not pass the water test at the remote weigh-ins session, your team MUST weigh-in the MORNING OF the tournament.

It is still acceptable for a limited number of team members to weigh-in at the tournament if they do not make weight at the scheduled weigh-in or are unable to attend it. This number is expected to be no more than 10% of the team or about one person on a team of less than 10 people.

*Note: competitors who weigh-in in full uniform are allowed an extra 2 lbs.

Tournament Information

Tournament Rules

This tournament will follow the Eastern Collegiate Taekwondo Confederation rules, found at <http://www.ectc-online.org/rules>. Rules posted there supersede all competitor information found in this packet.

Additional COVID-19 Rules

Below are some additional rules this year per MIT guidelines:

- All people present need to be fully masked while indoors.
- Teams need to submit travel rosters with the following information for all travelers: *name, contact info, vaccination status, and an agreement to adhere to all MIT COVID-19 rules and protocols found [here](#)*. All this will be included on the ECTC registration spreadsheets. We will not discriminate against unvaccinated individuals, but only teams from schools with vaccination requirements will be allowed to travel to MIT and compete.
 - Only athletes and essential staff are permitted on the travel roster, i.e. coaches and tournament staff
- No food or eating will be allowed inside the Johnson track arena.

Tournament Fees

For competitors from a registered school:

\$35 per competitor cash or check made out to “MIT Sport Taekwondo”

For competitors from a non-registered school:

\$45 per competitor cash or check made out to “MIT Sport Taekwondo”

Due to COVID-19 regulations and the roster requirements of MIT, we will not be accepting any late competitor registrations this year.

To register a school/club with the ECTC for the current year, please mail club dues to the league treasurer, or bring the \$50 fee (checks made out to ECTC only) to the tournament, along with the registration form found at the end of this document. For any questions regarding how to register your club for ECTC membership, please email the ECTC at ectc-tournaments@googlegroups.com and see <https://www.ectc-online.org/join-the-ectc>.

Competitor Registration

Registration for the MIT ECTC Tournament **must** be completed by:

Thursday, October 14th, 2021 at 10 pm Eastern.

To register, obtain a tournament registration spreadsheet by Thursday, October 7th at <http://www.ectc-online.org/registration->.

Competitors must bring the following items on the day of the tournament:

1. Valid, current student ID
2. Registration fee described above
3. Medical insurance information

Competitor Eligibility

All competitors **MUST** be full-time students at the time of the competition. While student IDs are used as proof of student enrollment, the ECTC reserves the right to request proof of full-time status from the registrar of any school if there is a question about a student's full-time status.

Additionally, **only teams from schools who have a COVID-19 Vaccination Requirement are allowed to register for this tournament** this year. This is a hard requirement by MIT and no exceptions can be made.

Team Poomsae Competition

There are three poomsae divisions (all coed), and all schools will compete in a single-elimination bracket. Each team consists of 3 competitors, and medals will be awarded to members of the top 4 teams in each division.

Division	Team Size	Rank
A team	3 competitors	Black belts
B team	3 competitors	Blue belts through red belts
C team	3 competitors	Green belts and below

Competitors may only compete in one division. Furthermore, each competitor must perform a form appropriate to their rank as described below, or they will be disqualified:

Rank	Poomsae
White/Yellow	Taegeuk 1 or 2
Green	Taegeuk 3 or 4
Blue	Taegeuk 5 or 6
Red	Taegeuk 7 or 8
Black	Taegeuk 8 (through quarterfinals) / Koryo (semifinals and finals)

All competitors will be judged whenever possible by USA Taekwondo rules. That means that each competitor will be judged one at a time, and will receive separate scores for accuracy and performance.

In addition, the Tournament Committee may also end a division before it is finished due to time constraints; the main purpose of this tournament is to give athletes experience after a long time away from competition.

Team Sparring Competition

The sparring competition will follow ECTC sparring rules, and all schools will compete in a single-elimination bracket. Due to a large tournament size and COVID-19 precautions, round lengths will be as below:

Division	Team Size	Duration	Rank
A team	3 competitors, 2 alternates	2 rounds of 90 seconds with 30 seconds rest	Blue belts through black belts
B team	3 competitors, 2 alternates	2 rounds of 60 seconds with 30 seconds rest	Green belts through red belts
C team	3 competitors, 2 alternates	2 rounds of 60 seconds with 30 seconds rest	Green belts and below

Competitors and alternates may only compete in one division. For example, a red belt must compete in either A or B team, but not both.

Round lengths may be shortened subject to time constraints, based on the progress of the tournament and the time of day. In addition, the Tournament Committee may also end a division before it is finished due to time constraints; the main purpose of this tournament is to give athletes experience after a long time away from competition.

Medals will be awarded to members of the top 4 four teams in each division. Each team consists of 3 competitors, each in one of 3 separate weight divisions, and may include up to 2 alternates of any weight division. The weight divisions are as follows:

Weight Division	Men	Women
Light	< 145.0 lbs	< 117.0 lbs
Middle	145.1-172.0 lbs	117.0-137.0 lbs

Heavy	> 172.0 lbs	> 137.0 lbs
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*Note: competitors who weigh-in in full uniform are allowed an extra 2 lbs.

Equipment

ECTC guidelines for sparring equipment must be followed. For a complete list of rules for the tournament, please go to <http://www.ectc-online.org/rules>.

Competitors must provide their own sparring equipment, including:

- Helmet
- World Taekwondo-Style Gloves
- Mouthpiece
- Chest protector (for C-team divisions)
- Forearm Guards
- Shin guards
- Instep guards (or Daedo e-socks for A and B-team divisions)
- Groin protector (for men)

World Taekwondo-style gloves are required, and World Taekwondo-style socks are permitted as a form of instep protection. Socks and gloves must either be white or match the color of the hogu.

In addition, all A-team and B-team competitors must purchase their own Daedo E-foot gear socks or they will not be allowed to compete. Socks can be purchased online at <http://www.tkdscore.com/m5/E-Foot--e-foot-gear.html>.

Tournament Scoring

Competitors earn points towards their team's overall score according to the following guidelines:

Poomsae (forms)

	1st	2nd	3rd	3rd	5th	5th	5th	5th
C Team	64	32	16	16	8	8	8	8
B Team	96	48	24	24	12	12	12	12
A Team	128	64	32	32	16	16	16	16

Gyoroogi (sparring)

	1st	2nd	3rd	3rd	5th	5th	5th	5th
C Team	64	32	16	16	8	8	8	8
B Team	96	48	24	24	12	12	12	12
A Team	128	64	32	32	16	16	16	16

Visitor's Guide

For comprehensive information and suggestions, visit this link:

<https://mitathletics.com/sports/2021/4/20/information-directions-directions.aspx>

Driving Directions

For GPS purposes, use 120 Vassar St., Cambridge, MA 02139, which will direct you to MIT's main athletic complex.

From the North (I-95 or I-93): If you are heading south on I-93, follow I-93 into Boston then follow the I-93 instructions below. If you are heading south on I-95, take the I-93 South exit (exit 55 A/B [old exit 37]) then follow the instructions from I-93. Alternatively, take the I-90 East exit (Massachusetts Turnpike) from I-95 then follow the instructions from I-90.

From the South (I-95 or I-93): If you are heading north on I-93, follow I-93 into Boston then follow the I-93 instructions below. If you are heading north on I-95, take the I-93 North exit then follow the instructions from I-93. Alternatively, take the I-90 East exit from I-95 then follow the instructions from I-90.

From the West (I-90) (Mass Turnpike): Follow I-90 east to the Cambridge/Brighton exit (exit 131 [old exit 18]). At the fork in the road bear right towards Cambridge. Cross the Charles River and take a right at the end of the bridge onto Memorial Drive. At the second traffic light make a left. Take a right at the end of the street onto Vassar Street. The MIT athletic complex is up the street on the right hand side.

From Route I-93: From I-93, take exit 18 (old exit 26), and follow the signs to Storrow Drive West. Follow Storrow Drive along the river to the Massachusetts Avenue exit (left exit). Take a right at the end of the ramp. Cross the Charles River and make a left at the third set of lights onto Vassar Street. The athletic complex is on the left.

Public Transportation ([MBTA](#))

Subway ([Map](#))

By train, take the [Red Line](#) to the Kendall/MIT Station or to the Central Square Station, both of which are a short walk from the campus. The walk from Central Square takes about 10 minutes and takes you right down Massachusetts Avenue. The Kendall/MIT Station is on the edge of the east end of campus. It is possible to walk through MIT buildings to get part of the way to the athletic center, although some outdoor walking is likely needed.

Bus

The [#1](#) bus stops at MIT on Massachusetts Avenue and provides transportation to Central Square and Harvard Square. The MIT stop is at a large crosswalk with a stop light. On one side of the street are steps leading up to large Ionic columns and the Small Dome of MIT, on the other side of the street is the Stratton Student Center and Kresge Oval (an open, grass-covered area). Additionally, the [CT2](#) stops on the corner of Massachusetts Avenue and Vassar St. as well as Kendall Square T Station.

Parking at MIT

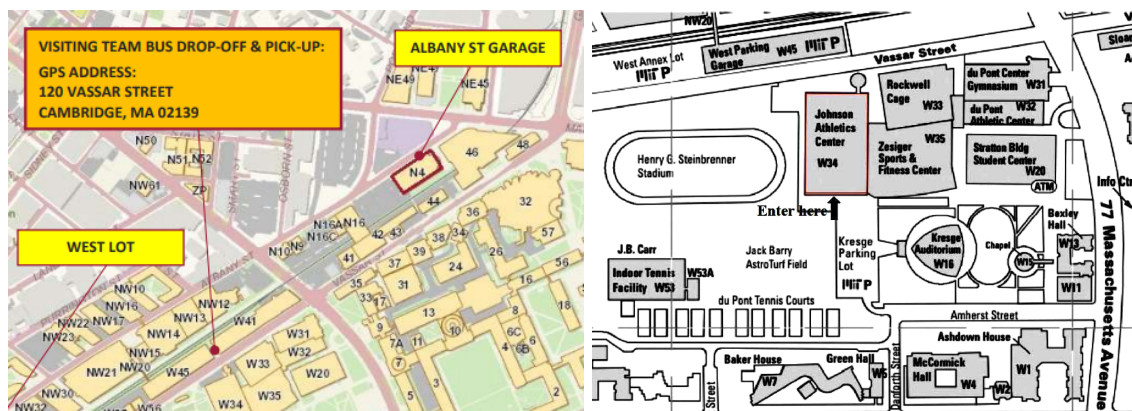
Teams have a number of parking options, including metered spots and certain MIT lots/garages. Please see the list below for more information.

- **Westgate Lot:** 282 Vassar Street. \$11.00 per day (Available after 2:30 pm on Fridays and any time on weekends)

- **Albany Street Garage:** 20 Albany Street. \$11.00 per day (Available after 2:30 pm on weekdays and any time on weekends)

- **Visitor Lot:** 139 Mass. Ave. Pay by Phone, Rates Posted at Lot (Available all day, weekends and weekdays)

- **Street Parking:** Metered. The city of Cambridge and DCR have designated metered parking along select streets. Please read all posted signs concerning street cleaning dates, etc.



Enter through the Zesiger Sports and Fitness Center at the entrance as indicated. Drop offs may take place on Vassar Street.

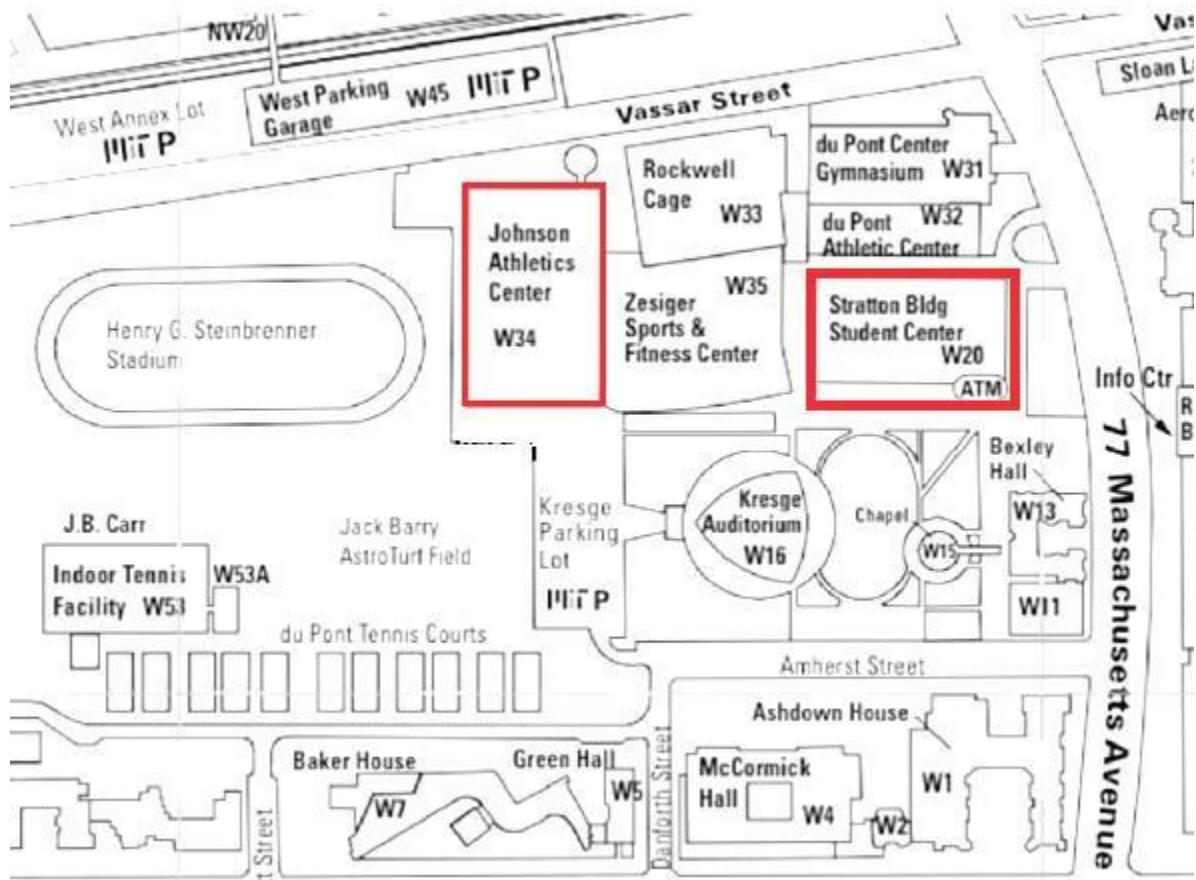
Bus Parking Information

All team buses must use the Waverly Street Surface Lots located at 65 Waverly St. Buses can drop off/pick up athletes at 120 Vassar St. and proceed to Albany St. via Massachusetts Ave. Team vans can be parked in the West Annex Lot located on Vassar St.



Food Information

Gatorade and power bars will be sold near the tournament. Additional options are available in the food court at the MIT Student Center. See map below: the tournament location (Johnson Athletics Center) and the Student Center are boxed in red. **Absolutely no food is allowed inside the Johnson track arena.**



Hotel Information

For MIT's guide on overnight accommodations, visit the following link:
<https://web.mit.edu/visitmit/where-stay/>

2021-2022 Club Registration Form

Ivy/Northeast Collegiate Taekwondo League

also known as the

Eastern Collegiate Taekwondo Conference

Due to the ongoing COVID-19 pandemic that has significantly affected many schools, the Ivy Northeast Collegiate Taekwondo League club dues for the 2021-2022 season will be reduced from \$100 to \$50 to help offset any financial burden your team may be currently facing.

The Ivy Northeast Collegiate Taekwondo League club dues for the 2021-2022 season are \$50 .

Please enclose a \$50 check made out to **“Ivy Northeast Collegiate Taekwondo League”, or “INCTL”**. **No cash and no money orders**, only checks please. If possible, please submit this form electronically to dbchuang@gmail.com and **also** submit a hard copy by mail as well with the payment.

Instead of using this form, you may also register online by completing the web form and using credit card payment at:

<https://www.ectc-online.org/join-the-ectc>

Submit this form to the INCTL Treasurer at:

Daniel Chuang
611 Green St.
Cambridge, MA 02139

Club information:

College name					
Club Contact Person					
Head Instructor					
Club Address					
City		State		Zip	
Club Phone No.		Contact email			
Club Web Site					
Please write any additional info you would like to appear about your school on the ECTC Website					

Liability Release, Waiver, Discharge and Covenant Not to Sue

This is a legally binding Release, Waiver, Discharge and Covenant Not to Sue (collectively, “Release”), made voluntarily by me, the undersigned Releasor, on my own behalf, and on behalf of my heirs, executors, administrators, legal representatives and assigns (hereinafter collectively, “Releasor,” “I” or “me”, which terms shall also include Releasor’s parents or guardian, if Releasor is under 18 years of age) to the Massachusetts Institute of Technology (“MIT”).

As the undersigned Releasor, I fully recognize that there are dangers and risks to which I may be exposed by participating in the program, trip or other activity described on Exhibit A¹ which is attached to and incorporated in this Release (the “Activity”). As the undersigned Releasor, I understand that MIT does not require me to participate in this Activity, but I want to do so despite the possible dangers and risks and despite this Release. With informed consent, and for valuable consideration received, including assistance provided by MIT, as the undersigned Releasor, I agree to assume and take on myself all of the risks and responsibilities in any way arising from or associated with this Activity, and I release MIT and all of its affiliates, divisions, departments and other units, committees and groups, and its and their respective governing boards, officers, directors, principals, trustees, legal representatives, members, owners, employees, agents, administrators, assigns, and contractors (collectively “Releasees”), from any and all claims, demands, suits, judgments, damages, actions and liabilities of every name and nature whatsoever, whenever occurring, whether known or unknown, contingent or fixed, at law or in equity, that I may suffer at any time arising from or in connection with the Activity, including any injury or harm to me, my death, or damage to my property (collectively “Liabilities”), and I agree to defend, indemnify, and save Releasees harmless from and against any and all Liabilities.

As the undersigned Releasor, I recognize that this Release means I am giving up, among other things, all rights to sue Releasees for injuries, damages or losses I may incur. I also understand that this Release binds my heirs, executors, administrators, legal representatives and assigns, as well as myself. I also affirm that I have adequate medical or health insurance to cover any medical assistance I may require.

I agree that this Release shall be governed for all purposes by Massachusetts law, without regard to such law on choice of law.

I have read this entire Release. I fully understand the entire Release and acknowledge that I have had the opportunity to review this Release with an attorney of my choosing if I so desire, and I agree to be legally bound by the Release.

THIS IS A RELEASE OF YOUR RIGHTS, READ CAREFULLY AND UNDERSTAND BEFORE SIGNING.

(Releasor’s Signature)

(Parent’s Signature, if Signatory is minor)

(Print Name)

(Print Name)

(Date)

¹ The description of the Activity expressly includes any extensions of time, changes or modifications of the Activity, whether planned or not planned.

EXHIBIT A

ECTC Taekwondo Tournament held at MIT on Saturday, October 19th, 2019

Ivy Northeast Collegiate Taekwondo (also known as the Eastern Collegiate Taekwondo Conference) Waiver

1. _____ hereby releases, waives, discharges and covenants not to sue The Ivy/Northeast Collegiate Taekwondo League, the promoters, other participants, operators, officials, sponsors, advertisers, owners and lessees of premises used to conduct the event and each of them, their officers and employees, all for the purposes herein referred to as "releases," from all liability to the undersigned, his personal representatives, assigns, heirs and next of kin for any and all damage, and any claim or demands therefore on account of injury to the person or property resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in or upon the restricted area, competing, officiating in, observing, or working for, or for any purpose participating in the event.

2. Hereby agrees to indemnify and save and hold harmless the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or observing, or working for, or for any purpose participating in the event and whether caused by the negligence of the releases or otherwise.

3. Hereby assumes full responsibility for and risk of bodily injury, death or property damage due to the negligence of releases or observing, or working for or for any purpose participating in the event.

4. Each of the undersigned expressly acknowledges and agrees that the activities at the event involve the risk of serious injury and/or death and/or property damage. Each of the undersigned further expressly agrees that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

5. Each of the undersigned gives the Ivy/Northeast Collegiate Taekwondo League, its successors and assigns, unrestricted permission to use footage taken of the undersigned and grant all rights to use in perpetuity all still photographs, film, video, and sound recordings taken of me, including my image and voice, for distribution, film festivals, and broadcast in all media and promotions, hereafter, for the Ivy/Northeast Collegiate Taekwondo League.

The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

This waiver, release and indemnification agreement specially embraces each and every event authorized or promoted by said releases during the entire season to each and every event, or activity herein above mentioned, parties herein intended to be released and indemnified shall be fully effectively released and indemnified as to each and every event herein above described.

Signed: _____ Date: _____

Witnessed: _____ Date: _____

If the participant is under the age of 18, signature of parent or legal guardian:

Signed: _____ Date: _____

Witnessed: _____ Date: _____