



BROWN

Brown University ECTC Taekwondo Tournament

Dear Tournament Participants:

On behalf of Master Park and the Brown Taekwondo Club, I am pleased to invite you to our 9th Eastern Collegiate Taekwondo Invitational. It will be held on Saturday, November 19, 2022, in the Olney-Margolies Athletic Center (OMAC) at Brown University in Providence, RI.

This packet contains the following:

- Tournament schedule
- Tournament information and guidelines
- COVID-19 Accommodations and Rules
- ECTC competition rules
- Accommodations information
- Driving directions and campus map to the OMAC
- ECTC waiver form (we will not have waivers printed; please do so beforehand!)
- Brown University waiver form (we will not have waivers printed; please do so beforehand!)
- ECTC club registration form

The deadline to request a registration spreadsheet and weigh-in time is **Thursday, Nov. 3 at 10 PM Eastern**. In addition, once you have received your registration spreadsheet, please have your registration spreadsheet completely filled out by **Thursday, Nov. 10 at 10 PM Eastern**. You will be allowed to edit your team rosters and remove members from your roster up until the Thursday before the tournament (**Nov. 17 at 10pm**), but you will not be allowed to add any new members to your team rosters. Please follow the registration instructions at <https://www.ectc-online.org/registration->. For any questions, please contact ECTC Tournament Committee Chairs Tara Sarathi and Carissa Fu at ectc-tournaments@googlegroups.com.

If you have other questions or concerns, please feel free to contact me at president.browntkd@gmail.com or by text message at 925-858-8584. We look forward to seeing you at Brown.

Thank you,
Carolyn Lai
President, Brown Taekwondo

TOURNAMENT SCHEDULE:

Time	Event
7:15 am	Competitor registration and weigh-ins
7:45 am	Registration closes (all competitors must be weighed in and all teams must be confirmed)
8:00 am	Opening Ceremony
8:15 am	Poomsae competition begins Sparring competition will begin after the completion of Poomsae competition
7:30 pm	Sparring competition terminates

Contact Information:

Carolyn Lai, President
president.browntkd@gmail.com (General Questions)

Stella Ng, Vice President
vicepresident.browntkd@gmail.com (General Questions)

Liza Kolev, Tournament Chair
tournament.browntkd@gmail.com (Registration Information)

TOURNAMENT INFORMATION:

Competitor Registration and Weigh-ins

Competitors can register by requesting a registration link by filling out the Google Form below before **Thursday, November 3**. Once you have your registration link, please have your registration form completed by **Thursday, November 10** at 10 pm ET.

All teams **must** weigh in the day before the tournament remotely. A limited number of weigh-ins on the day of the tournament will still be accepted if a competitor does not make weight or is unable to attend their scheduled weigh-in time. 10% of each team (or 1 person of a team of less than 10 competitors) will be allowed to weigh-in the morning of the tournament.

Remote weigh-ins via Zoom can be requested by filling out the Google Form available at: <https://www.ectc-online.org/registration-> and will take place on **Friday, November 18**.

Tournament Fee

Tournament fees will be as follows:

Time of Registration	Registered Schools	Unregistered Schools
Before/On November 10	\$35 per competitor	\$45 per competitor
After November 10	\$45 per competitor	\$55 per competitor

Please pay using our TouchNet system by following the instructions below. If you have any questions about payment, please contact our President, Carolyn Lai, at president.browntkd@gmail.com.

If you would like to register with the ECTC, please fill out the form attached to the end of the packet or at <https://www.ectc-online.org/join-the-ectc> and mail it to the address provided there. You also may bring the form and a check made out to "Ivy Northeast Collegiate Taekwondo League" with you to the tournament. No money orders or cash please. An online registration form is also available at the above link.

TouchNet Payment Instructions

1. Go to this link to access our team TouchNet Store:
https://payment.brown.edu/C20460_ustores/web/product_detail.jsp?PRODUCTID=3991&SINGLESTORE=true. The store can also be accessed via brownrec.com > Club Sports > Team TouchNet Store > Taekwondo.

2. From the drop-down list, please select one of the following:
 - a. Paying Before/On Nov 10: ECTC Registered School Competitor Fee or ECTC Non-registered School Competitor Fee
 - b. Paying After Nov 10: ECTC Registered School Late Competitor Fee or ECTC Non-registered School Late Competitor Fee
3. Review your cart to make sure the amount and description are correct. If it is correct, click Checkout.
4. Fill out the fields with your school's information.
5. Enter the payment information and billing information and click Continue.
6. When you have reached the Confirmation screen, review your cart one more time.
7. Check off the Return Agreement box at the bottom of the page. (The Agreement itself will appear blank - don't worry!) When you are ready to submit, click Submit Order. Don't close the browser window until you have arrived at a "Thank You" screen!
8. Send or forward president.browntkd@gmail.com a screenshot or confirmation of your school's TouchNet payment.

Competitor Eligibility

All competitors **MUST** be full-time students at the time of the competition. While student IDs are used as proof of student enrollment, the ECTC reserves the right to request proof of full-time status from the registrar of any school if there is a question about a student's full-time status.

Each competitor should bring the following items on the day of the tournament:

- Valid student ID
- Medical insurance coverage information
- Completed Brown waiver form (enclosed)
- Tournament fee, as detailed above

COVID-19 ACCOMMODATION AND RULES

- Masks are optional, but please make sure to have some on you.
 - Acceptable masks include KN-95, KF-94, N95, or surgical masks.
- If you are not feeling well or are experiencing flu- or COVID-like symptoms, please

WEAR A MASK during the tournament.

ECTC COMPETITION RULES:

The Brown Tournament will follow ECTC rules. For a more comprehensive view of the rules, please visit the ECTC site at <http://ectc-online.org>.

Poomsae (Forms) Competition

There are three poomsae divisions (all coed), and all schools will compete in a single-elimination bracket. Each team consists of 3 competitors, and medals will be awarded to members of the top 4 teams in each division. A-Team Division will consist of two matches of individual v individual poomsae, and a third round of team v team poomsae competition. B- and C-Team Divisions will consist of three matches of individual v individual poomsae competition.

Division	Team Size & Rank
A team	3 competitors (1 Male, 1 Female, 1 of any gender) Black belts
B team	3 competitors Blue belts through red belts
C team	3 competitors Green belts and below

Competitors may only compete in one division. Furthermore, each competitor must perform a form appropriate to their rank as described below, or they will be disqualified:

Rank	Poomsae
White/Yellow	Taegeuk 1 or 2
Green	Taegeuk 3 or 4
Blue	Taegeuk 5 or 6
Red	Taegeuk 7 or 8
Black	Through Quarters: Keumgang Semis and Finals: Taebaek

All competitors will be judged whenever possible by USA Taekwondo rules. That means that each competitor will be judged one at a time and will receive

separate scores for accuracy and performance.

Sparring Competition

Sparring competition is divided into three skill levels; a total of six divisions (men's/women's):

- C – Team (Beginner)
- B – Team (Intermediate)
- A – Team (Advanced)

Sparring Teams			
Division	Max Size of Team	Duration	Rank
A – Team	3 Competitors, 2 Alternates	3 rounds of 60 sec. with 30 sec rest	Blue / Purple / Brown / Red / Black
B – Team	3 Competitors, 2 Alternates	3 rounds of 60 sec. with 30 sec rest	Green / Blue / Purple / Brown / Red
C – Team	3 Competitors, 2 Alternates	3 rounds of 60 sec. with 30 sec rest	White / Yellow / Orange / Green

Additionally, the Tournament Committee may make a decision on the day of the tournament to shorten A- and B-Team rounds prior to the semifinals.

Competitors and alternates may only compete in one division. For example, a red belt must compete in either A- or B-Team, but not both. Additionally, alternates are not permitted on a one-person team.

Each team consists of up to 3 competitors, each in one of 3 separate weight divisions with up to 2 alternates of any weight division. The weight divisions are as follows:

Sparring Weight Divisions		
Weight Division	Men	Women
Light	Less than 145.0 lbs	Less than 117.0 lbs
Middle	145.0 – 172.0 lbs	117.0 – 137.0 lbs
Heavy	Greater than 172.0 lbs	Greater than 137.0 lbs

Note: Competitors who weigh in full uniform are allowed an extra 2 lbs.

Tournament Scoring

For poomsae and sparring divisions, all teams within that division will be entered into a single elimination bracket. Competitors can earn points towards their team's overall score as follows:

Tournament Points				
	1st	2nd	3rd (2 Teams)	5th (4 Teams)
C – Team	64	32	16	8

B – Team	96	48	24	12
A – Team	128	64	32	16

Required Sparring Equipment

All competitors must wear the following:

- **Helmet** (foam only – blue, red, white, or black)
- **Mouth Guard**
- **Forearm/Elbow pads** (worn inside uniform)
- **Shin guards** (worn inside uniform)
- **Instep guards** (or Daedo e-socks for A- and B-team divisions)
- **Groin Protector** (required for men & worn inside uniform)
- **WT-Style Gloves** (open finger, white or matching hogu color)

C-team competitors must also have a **Trunk (Chest) protector** (WT-style hogu with shoulder/back protection).

Electronic hogus will be provided by the league, but all A-team and B-team competitors must purchase their own **Daedo E-foot gear socks** (Gen 1 or Gen 2) or they will not be allowed to compete. Socks can be purchased online at: <http://www.tkdscore.com/m5/E-Foot--e-footgear.html>

Ring crowding will be strictly enforced, especially during sparring to allow for better EMT access/visibility.

DRIVING DIRECTIONS:

The tournament will be hosted at the Olney-Margolies Athletic Center (OMAC) at Brown University.

235 Hope St.
Providence, RI 02912

Public Transportation:

There is an AMTRAK train station in downtown Providence, about 1 mile away from the OMAC. Information about schedules can be found here: <http://www.amtrak.com/northeast-regional-train>

Parking:

Erickson Athletic Complex Parking

On Campus Parking On campus parking is located in Lot 2 (limited) located off Hope Street, Lots 1, 89 and 90 located off Lloyd Avenue, and Lot 11, located off Brook Street. The campus lots are accessible Monday-Friday after 5:00 p.m., weekends and holidays. Parking in any of these lots is free of charge.

Street Parking Limited parking spots can be found on surrounding streets such as Hope Street, Arlington Avenue, Lloyd Avenue, Bowen Street and Brook Street. Please be mindful of all posted parking restrictions and regulations that apply to surrounding streets.

Erickson Athletic Complex Directions

From the North: Take 95 South to Branch Avenue (Exit 24). Turn left onto Branch Avenue and proceed to traffic light. Cross intersection and go up Cypress Street to light at Hope Street. Turn right onto Hope Street. Bear left at the fork and make a left turn onto Lloyd Avenue. Entrance to Athletic Complex is third driveway on the right.

From the South: Take 95 North into Rhode Island. Once in Providence, take Branch Avenue (Exit 24). Turn right onto Branch Avenue and proceed to traffic light. Cross intersection and go up Cypress Street to light at Hope Street. Turn right onto Hope Street. Bear left at the fork and make a left turn onto Lloyd Avenue. Entrance to Athletic Complex is third driveway on the right.

From the East: Take Route 195 West to Gano Street exit (Exit 2) in Providence. Turn right onto Gano Street. Proceed to light at Angell Street (at this point, Gano Street will become Taber Avenue). Turn left onto Angell Street (one-way). Follow Angell Street to Hope Street and turn right onto Hope Street. The Athletic Complex driveway is on the right after Stimson Street (for parking, proceed to light immediately following driveway at Lloyd Avenue. Turn right onto Lloyd Avenue. Entrance to Athletic Complex is the third driveway on the right).

From the West: Take Route 6 into Providence and exit for 95 North. Take 95 to Branch Avenue (Exit 24). Turn right onto Branch Avenue and proceed to traffic light. Cross intersection and go up Cypress Street to light at Hope Street. Turn right onto Hope Street. Bear left at the fork and make a left turn onto Lloyd Avenue. Entrance to Athletic Complex is third driveway on the right.



ACCOMMODATIONS:

In Seekonk, MA (5 miles East of Providence along I-195)

Hampton Inn Seekonk (Recommended)

1030 Fall River Ave
Seekonk, MA 02771
(508) 336-9000
<http://www.hamptoninnseekonk.com/>

Clarion Hotel Seekonk

940 Fall River Ave
Seekonk, MA 02771
(508) 336-7300
<http://www.clarionprovidence.com/>

Quality Inn Seekonk

341 Highland Ave.
Seekonk, MA, US, 02771
(508) 336-7900
<http://www.choicehotels.com/massachusetts/quality-inn-hotels/ma130>

In Providence, RI (can be expensive, may be booked due to other events)

Hampton Inn & Suites

58 Weybosset Street,
Providence, Rhode Island, 02903
(401) 608-3500
<http://hamptoninn3.hilton.com/en/hotels/rhode-island/hampton-inn-and-suites-providence-downtown-PVDWYHX/index.html>

Hilton Garden Inn

220 India Street
Providence, RI 02903
(401) 272-5577
<http://hiltongardeninn3.hilton.com/en/hotels/rhode-island/hilton-garden-inn-providence-PVDISGI/index.html>

Ivy Northeast Collegiate Taekwondo (also known as the Eastern Collegiate Taekwondo Conference) Waiver

1. _____ hereby releases, waives, discharges and covenants not to sue The Ivy/Northeast Collegiate Taekwondo League, the promoters, other participants, operators, officials, sponsors, advertisers, owners and lessees of premises used to conduct the event and each of them, their officers and employees, all for the purposes herein referred to as "releases," from all liability to the undersigned, his personal representatives, assigns, heirs and next of kin for any and all damage, and any claim or demands therefore on account of injury to the person or property resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in or upon the restricted area, competing, officiating in, observing, or working for, or for any purpose participating in the event.

2. Hereby agrees to indemnify and save and hold harmless the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or observing, or working for, or for any purpose participating in the event and whether caused by the negligence of the releases or otherwise.

3. Hereby assumes full responsibility for and risk of bodily injury, death or property damage due to the negligence of releases or observing, or working for or for any purpose participating in the event.

4. Each of the undersigned expressly acknowledges and agrees that the activities at the event involve the risk of serious injury and/or death and/or property damage. Each of the undersigned further expressly agrees that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

5. Each of the undersigned gives the Ivy/Northeast Collegiate Taekwondo League, its successors and assigns, unrestricted permission to use footage taken of the undersigned and grant all rights to use in perpetuity all still photographs, film, video, and sound recordings taken of me, including my image and voice, for distribution, film festivals, and broadcast in all media and promotions, hereafter, for the Ivy/Northeast Collegiate Taekwondo League.

The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

This waiver, release and indemnification agreement specially embraces each and every event authorized or promoted by said releases during the entire season to each and every event, or activity herein above mentioned, parties herein intended to be released and indemnified shall be fully effectively released and indemnified as to each and every event herein above described.

Signed: _____ Date: _____

Witnessed: _____ Date: _____

If the participant is under the age of 18, signature of parent or legal guardian:

Signed: _____ Date: _____

Witnessed: _____ Date: _____



Brown University Club Sports
Division of Athletics & Recreation

**VISITING TEAM
ASSUMPTION OF
RISK FORM**

Visiting School

Club Sport

Date/Location

Visiting President's Name

Visiting President's Email

We, the undersigned, desire to participate in the following Brown University Club Sport Activity. We are aware and have been informed that these activities involve physical and emotional risks, such as physical person-to-person contact, exertion, use of equipment and the use of indoor and outdoor facilities.

In consideration of Brown University's efforts on our behalf, we do hereby voluntarily assume all risk of death, accident, injury, damage, and/or loss to ourselves or our property which may arise out of our participation in the said program. We also hereby release and discharge the State of Rhode Island, Brown University, and all Brown University officers and personnel paid or volunteer associated or connected with the said program for every claim, liability or damage of any kind caused by the negligence of the State of Rhode Island, Brown University, personnel involved or otherwise which may result from our participation in the said program.

We further hereby represent that we do not have any medical impairment, disease, physical liability or injury which would prevent our participation in the said program; and that we have medical insurance that covers our participation. We voluntarily choose to participate in the activities of the Club Sport team.

Name (Please Print)

Signature

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If more space is needed, please use additional sheet(s).

2022-2023 Club Registration Form
Ivy/Northeast Collegiate Taekwondo League
also known as the
Eastern Collegiate Taekwondo Conference

The Ivy Northeast Collegiate Taekwondo League club dues for the 2022-2023 season are \$100.

Please enclose a \$100 check made out to “**Ivy Northeast Collegiate Taekwondo League**”, or “**INCTL**”. **No cash and no money orders**, only checks please. If possible, please submit this form electronically to dbchuang@gmail.com and **also** submit a hard copy by mail as well with the payment.

You may also register online by completing the web form and using credit-card or PayPal payment at: <https://www.ectc-online.org/join-the-ectc>

Submit this form to the INCTL Treasurer at:

Daniel Chuang
 611 Green St.
 Cambridge, MA 02139

Club information:

College name					
Club Contact Person					
Head Instructor					
Club Address					
City		State		Zip	
Club Phone No.		Contact email			
Club Website					
Additional info you would like to appear about your school on the ECTC Website					