

Brown University ECTC Tournament



Dear Tournament Participants:

On behalf of Master Park and the Brown Taekwondo Club, I am pleased to invite you to our 12th Eastern Collegiate Taekwondo Invitational. It will be held on Saturday, November 22, 2025, in the Olney-Margolies Athletic Center (OMAC) at Brown University in Providence, RI.

This packet contains the following: (use link to skip to section when pdf downloaded)

- [Tournament Schedule](#)
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- [Tournament Information and Guidelines](#)
- [ECTC Competition Rules](#)
- [Competition Floor Layout Map](#)
- [Driving Directions and Parking Information](#)
- [Accommodations Information](#)
- [Hospital/Medical Center Directions](#)
- [Food Options](#)
- [ECTC Waiver Form \(To be completed electronically!\)](#)
- [Brown University Waiver Form \(To be completed electronically!\)](#)
- [ECTC Club Registration Form](#)

The deadline to request a registration spreadsheet and weigh-in time is **Thursday, Nov. 6 at 10 PM EST**. Please follow the registration instructions at <https://www.ectc-online.org/registration>.

Your registration spreadsheet **MUST** be completed by **Thursday, Nov. 13 at 10 PM EST**. Any applications received after the deadline will be assessed a

\$50 fine. You will be allowed to edit your team rosters and remove members up until the Thursday before the tournament (**Nov. 20 at 10 PM EST**), but you will not be allowed to add any new members.

All payments or payment arrangements must be made by **5 PM Friday, Nov. 21.**

Please direct any registration and weigh-in related questions to the ECTC Tournament Committee Chairs Rae Drach and William Estey at ectc-tournaments@googlegroups.com.

If you have any other questions or concerns, please feel free to contact me at president.browntkd@gmail.com or by text message at 248-687-9276. We look forward to seeing you at Brown.

Thank you,
Erin Williams
President, Brown Taekwondo

TOURNAMENT SCHEDULE: (↑)

Time	Event
7:00 am	OMAC doors open Competitor registration and weigh-ins
7:30 am	Black Belt and Coach's Meeting
7:45 am	Registration closes (all competitors must be weighed in and all teams must be confirmed)
8:00 am	Opening Ceremony
8:15 am	Poomsae competition begins Sparring competition will begin after the completion of Poomsae competition

7:30 pm	Sparring competition terminates Closing Ceremony
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Contact Us: (↑)

General Questions:

Erin Williams (she/her), President
(248)-687-9276
president.browntkd@gmail.com

Julia Moon (she/her), Emily Boron (she/her), and Jester Abella (he/him),
Vice Presidents
(240)-706-6466
vicepresident.browntkd@gmail.com

Registration Information:

Sydney Merrill (she/they) and Jason Lin (he/him), Tournament Chairs
(203)-501-3506
tournament.browntkd@gmail.com

Payment Information:

Avery Maytin (he/him), Treasurer
(216)-217-5920
treasurer.browntkd@gmail.com

TOURNAMENT INFORMATION: (↑)

Competitor Registration and Weigh-ins

Competitors can register by requesting a registration link by filling out the Google Form (<https://www.ectc-online.org/registration>) before **Thursday, November 6**. Once you have your registration link, please have your registration form completed by **Thursday, November 13 at 10 pm EST**.

All teams **MUST** weigh in the day before the tournament. Remote weigh-ins via Discord will start on **Friday, November 21, at 9 AM**. A limited number of weigh-ins on the day of the tournament will still be accepted if a competitor does not make weight or is unable to attend their scheduled weigh-in time. 10% of each team (or 1 person of a team of less than 10 competitors) will be allowed to weigh-in the morning of the tournament.

Note: Competitors who weigh in full uniform are allowed an extra 2 lbs. See page 6 for sparring weight divisions.

Tournament Fees

Tournament fees will be as follows:

Registered Schools	Non-registered Schools
\$50 per competitor	\$60 per competitor

*An additional \$10 late fee will be assessed for every contestant who registers after the deadline.

To register your school with the ECTC, please fill out the form attached at the end of the packet or online at <https://www.ectc-online.org/join-the-ectc>. You may also bring the form and a check made out to "Ivy Northeast Collegiate Taekwondo League" for \$150 with you to the tournament. Team applications received after the deadline will incur a \$50 fee, per ECTC regulations. No money orders or cash please.

Please pay competitor tournament fees using our TouchNet system by following the instructions below. **All payments or payment arrangements must be made by 5 PM Friday, Nov 21.**

If you have any questions about payment, contact our Treasurer, Avery Maytin, at treasurer.browntkd@gmail.com.

TouchNet Payment Instructions

1. Go to this link to access our team TouchNet Store:
https://payment.brown.edu/C20460_ustores/web/product_detail.jsp?PRODUCTID=3991&SINGLESTORE=true. The store can also be accessed via brownrec.com > Club Sports > Team TouchNet Store > Taekwondo.

2. From the drop-down list, please select one of the following: **ECTC Registered School Competitor Fee** or **ECTC Non-registered School Competitor Fee**
3. Review your cart to make sure the amount and description are correct. If it is correct, click Checkout.
4. Fill out the fields with your school's information.
5. Enter the payment information and billing information and click Continue.
6. When you have reached the Confirmation screen, review your cart one more time.
7. Check off the Return Agreement box at the bottom of the page. (The Agreement itself will appear blank - don't worry!) When you are ready to submit, click Submit Order. Don't close the browser window until you have arrived at a "Thank You" screen!
8. Send or forward treasurer.browntkd@gmail.com a screenshot or confirmation of your school's TouchNet payment so that we can properly record and credit your payment.

Competitor Eligibility

All competitors MUST be full-time students at the time of the competition. While student IDs are used as proof of student enrollment, the ECTC reserves the right to request proof of full-time status from the registrar of any school if there is a question about a student's full-time status.

Each competitor should bring the following items on the day of the tournament:

- Valid student ID
- Medical insurance coverage information
- Tournament fee, as detailed above

ECTC COMPETITION RULES: (↑)

The Brown Tournament will follow ECTC rules. For a more comprehensive view of the rules, please visit the ECTC site at <http://ectc-online.org>.

Poomsae (Forms) Competition

There are three poomsae divisions (all coed), and all schools will compete in a single-elimination bracket. Each team consists of up to 3 competitors, and medals will be awarded to members of the top 4 teams in each division.

A-Team Division will consist of three rounds of individual vs individual poomsae. Starting in the quarterfinals, after the first two individual vs individual rounds, a third round of team vs team poomsae will occur if necessary. B- and C-Team Divisions will only consist of three rounds of individual vs individual poomsae competition.

Competitors may only compete in one division. Furthermore, each competitor must perform a form appropriate to their rank as described below:

Division	Team Size & Rank	Poomsae
A-team	Up to 3 competitors of any gender Blue belts through Black belts	Through Quarters: Koryo Semis and Finals: Keumgang
B-team	Up to 3 competitors of any gender Green belts through Red belts	Blue: Taegeuk 5 or 6 Red: Taegeuk 7 or 8
C-team	Up to 3 competitors of any gender Green belts and below	White/Yellow: Taegeuk 1 or 2 Green: Taegeuk 3 or 4

Each competitor will be judged one at a time using USA Taekwondo rules and will receive scores for accuracy and performance.

In the case of a competitor moving up a division, they are expected to perform Poomsae appropriate to the division they are competing in. If green belts compete in B-team Poomsae, they must perform either Taegeuk 5 or Taegeuk 6. If blue or red belts compete in A-team, they must perform the designated A-team Poomsae.

Note that the Tournament Committee reserves the right to end a division before it is finished due to time constraints.

Sparring Competition

The sparring competition will follow ECTC sparring rules and compete in a single-elimination bracket. It is divided into three skill levels and male-identifying/female-identifying teams:

Division	Max Team Size	Match Duration	Rank
A-Team (Advanced)	3 Competitors, 2 Alternates	3 rounds of 60 sec. with 30 sec. rest	Blue / Purple / Brown / Red / Black
B-Team (Intermediate)	3 Competitors, 2 Alternates	3 rounds of 60 sec. with 30 sec. rest	Green / Blue / Purple / Brown / Red
C-Team (Beginner)	3 Competitors, 2 Alternates	3 rounds of 60 sec. with 30 sec. rest	White / Yellow / Orange / Green

The Tournament Committee reserves the right to adjust round lengths to provide the best competition experience for all athletes. In addition, the Tournament Committee may end a division before it is finished due to time constraints.

Competitors and alternates may only compete in one division. For example, a red belt must compete in either A- or B-Team, but not both. Additionally, alternates are not permitted on a one-person team.

Each team consists of up to 3 competitors, each in one of 3 separate weight divisions with up to 2 alternates of any weight division. Alternates are NOT permitted on one-person teams.

The weight divisions are as follows:

Sparring Weight Divisions		
Weight Division	Male-Identifying	Female-Identifying

Light	≤ 145.0 lbs	≤ 117.0 lbs
Middle	145.1 – 172.0 lbs	117.1 – 137.0 lbs
Heavy	> 172.0 lbs	> 137.0 lbs

A competitor may spar “up” a maximum of one weight class, at their coach’s discretion. For example, a middleweight may spar in the heavyweight slot, but a lightweight may never spar in the heavyweight slot. Contestants may not spar in a lighter weight class than the one they weigh in as. The above also applies to alternates.

Tournament Scoring

Competitors (Sparring and Poomsae) can earn points towards their team's overall score as follows:

	1st	2nd	3rd (2 Teams)	5th (4 Teams)
C – Team	64	32	16	8
B – Team	96	48	24	12
A – Team	128	64	32	16

Required Sparring Equipment

All competitors **must** wear the following:

- **Helmet** (foam only – white, black, or matching hogu color)
- **Mouth Guard** (clear, or non-red)
- **Forearm guards** (worn inside uniform, foam only)
- **Shin guards** (worn inside uniform, foam only)
- **Instep guards** (white or matching hogu color)
 - C-Team: single layer foam instep guard
 - A- and B-Team: Must have own Gen1 or Gen2 Daedo E-socks in order to compete.
Socks can be purchased online at
<https://www.tkdscore.com/m5/G2%20E-Foot--gen2-e-foot-gear.html>
- **Groin Protector** (required for male-identifying competitors & worn inside uniform)
- **WT-Style Gloves** (open finger, white or matching hogu color)
- **Trunk (Chest) protector**
 - C-Team: Must have own WT-style hogu (chest protector) with shoulder/back protection
 - A- and B-Team: Electronic hogu will be provided by the league at each ring

*Electronic headgear will be available for select matches at ECTC discretion.

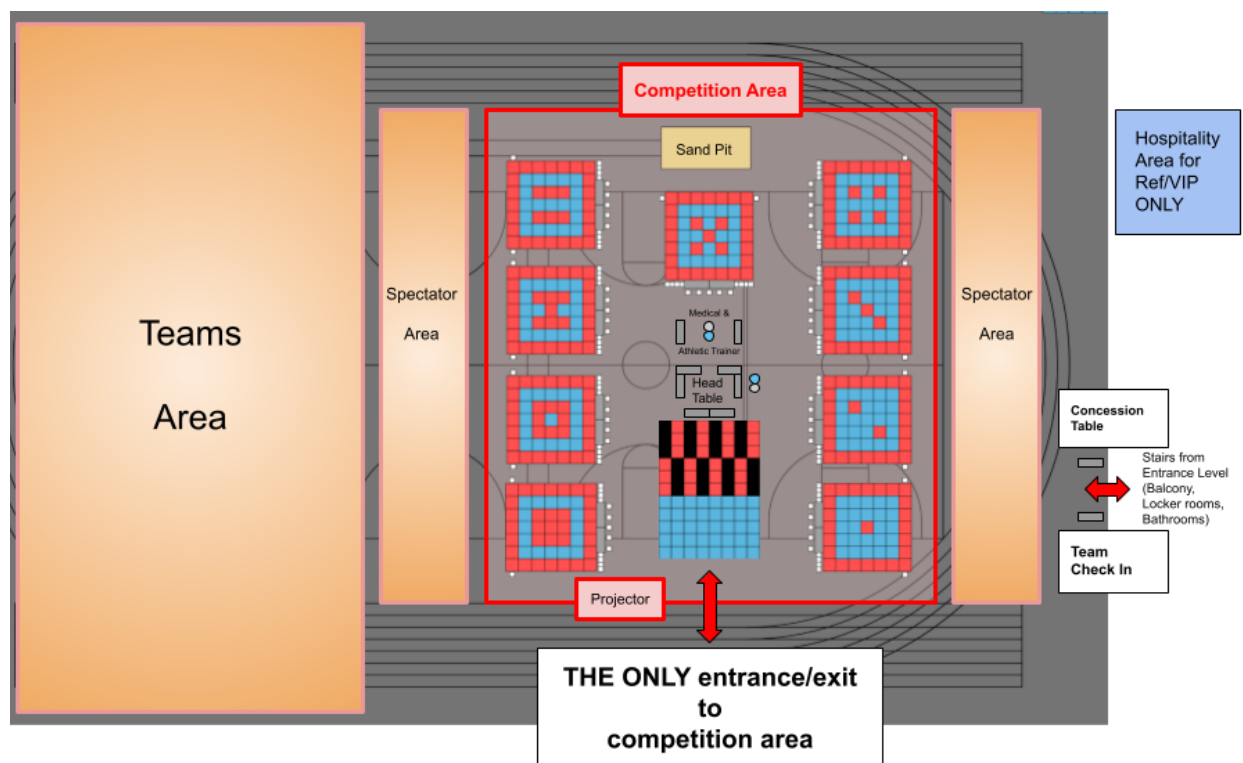
All competitors must remove jewelry (including taped over piercings) for sparring.

COMPETITION FLOOR LAYOUT MAP (↑)

Ring crowding will be strictly enforced, especially during sparring to allow for better EMT access/visibility.

If you are not actively competing, in staging or holding, please leave the Competition Area using the entrance/exit indicated below and

PLEASE DO NOT STEP OVER THE ROPES!!!



NO FOOD on the floor

- Please note that no food is allowed on the OMAC main floor except in the VIP area for Referees.

Team Check-In Table

- All teams will need to check in at the table at the bottom of the stairs before entering the competition area.

- Please (1) forward your receipt of payment on TouchNet to myself or treasurer.browntkd@gmail.com, or (2) email one of us about an invoice prior to attending the tournament.

Teams Area

- Teams should place all belongings **ONLY** in the Teams Area marked on the Floor Layout above.
- Please **STAY OFF** the POLE VAULT area (in the corner of the Teams Area) and the SIDE WALLS of the track leading to the Teams Area.

Competition Area

- In order to allow for better tournament flow and easy access for medical personnel, please keep the competition floor clear. Only coaches and active competitors should be at the assigned rings or in Staging/Holding. All others should make use of the Spectator Area.
- Please also avoid crowding—cheering and filming are allowed, but be mindful of your surroundings and the space between you and others.

Restrooms

- We apologize for any inconveniences that may arise due to limited restroom availability. For the sake of tournament efficiency, referees and judges must be allowed to use the restrooms first.
- There are restrooms on the upstairs lobby level and at the Nelson Fitness Center (pictured below) across from the OMAC.
- Please consider having your competitors arrive in dobok to avoid long lines at the restrooms at the start of the tournament.



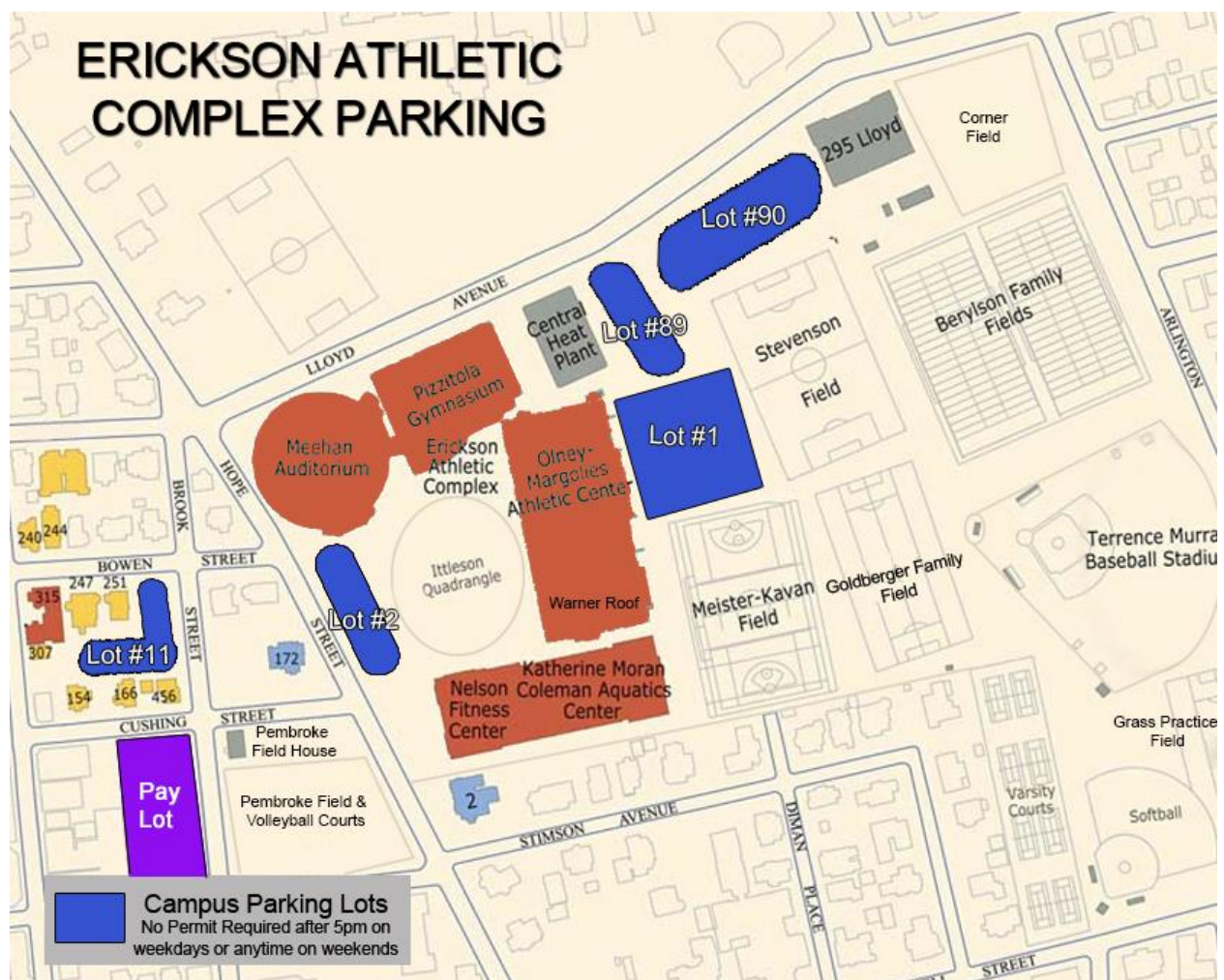
DRIVING DIRECTIONS & PARKING: (↑)

The tournament will be hosted at the Olney-Margolies Athletic Center (OMAC) at Brown University.

235 Hope St.
Providence, RI 02912

For more detailed information about directions and parking, please visit the link below:

<https://www.google.com/url?q=https://brownbears.com/sports/2018/4/27/athletics-Parking-Directions-index.aspx&sa=D&source=docs&ust=1698023308645760&usg=AOvVaw2uduhmFvwAHTEBkfrXc0cY>



Public Transportation:

There is an AMTRAK train station in downtown Providence, about 1 mile away from the OMAC. Information about schedules can be found here:

<http://www.amtrak.com/northeast-regional-train>

Driving Directions:

From the North: Take 95 South to Branch Avenue (Exit 24). Turn left onto Branch Avenue and proceed to the traffic light. Cross intersection and go up Cypress Street to light at Hope Street. Turn right onto Hope Street. Bear left at the fork and make a left turn onto Lloyd Avenue. Entrance to the Athletic Complex is the third driveway on the right.

From the South: Take 95 North into Rhode Island. Once in Providence, take Branch Avenue (Exit 24). Turn right onto Branch Avenue and proceed to the traffic light. Cross intersection and go up Cypress Street to light at Hope Street. Turn right onto Hope Street. Bear left at the fork and make a left turn onto Lloyd Avenue. Entrance to the Athletic Complex is the third driveway on the right.

From the East: Take Route 195 West to Gano Street exit (Exit 2) in Providence. Turn right onto Gano Street. Proceed to light at Angell Street (at this point, Gano Street will become Taber Avenue). Turn left onto Angell Street (one-way). Follow Angell Street to Hope Street and turn right onto Hope Street. The Athletic Complex driveway is on the right after Stimson Street (for parking, proceed to the light immediately following the driveway at Lloyd Avenue. Turn right onto Lloyd Avenue. Entrance to Athletic Complex is the third driveway on the right).

From the West: Take Route 6 into Providence and exit for 95 North. Take 95 to Branch Avenue (Exit 24). Turn right onto Branch Avenue and proceed to the traffic light. Cross intersection and go up Cypress Street to light at Hope Street. Turn right onto Hope Street. Bear left at the fork and make a left turn onto Lloyd Avenue. Entrance to the Athletic Complex is the third driveway on the right.

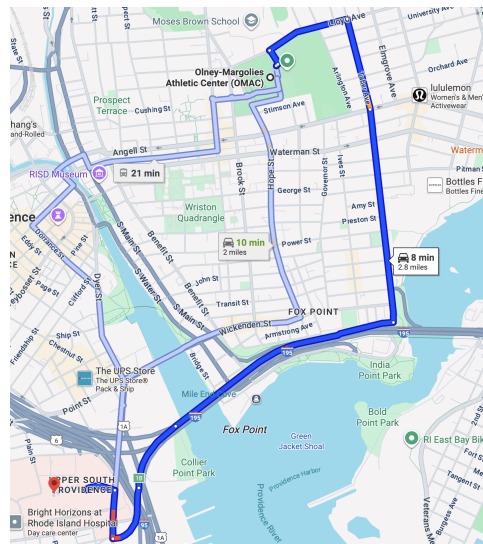
Erickson Athletic Complex Parking:

On Campus Parking: On campus parking is located in Lot 2 (limited) located off Hope Street, Lots 1, 89 and 90 located off Lloyd Avenue, and Lot 11, located off Brook Street. The campus lots are accessible Monday-Friday after 5:00 p.m., weekends and holidays. Parking in any of these lots is free of charge.

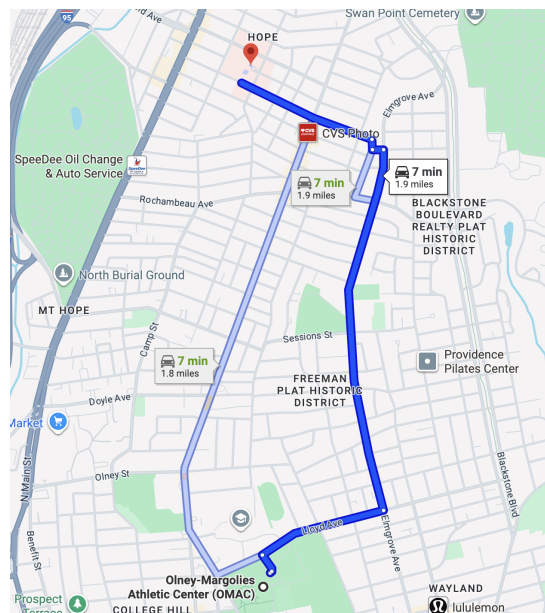
Street Parking: Limited parking spots can be found on surrounding streets such as Hope Street, Arlington Avenue, Lloyd Avenue, Bowen Street and Brook Street. Please be mindful of all posted parking restrictions and regulations that apply to surrounding streets. Parking meters in Providence may no longer be accepting credit cards. We encourage you to download the [Passport Parking App](#).

HOSPITAL/MEDICAL CENTERS (↑)

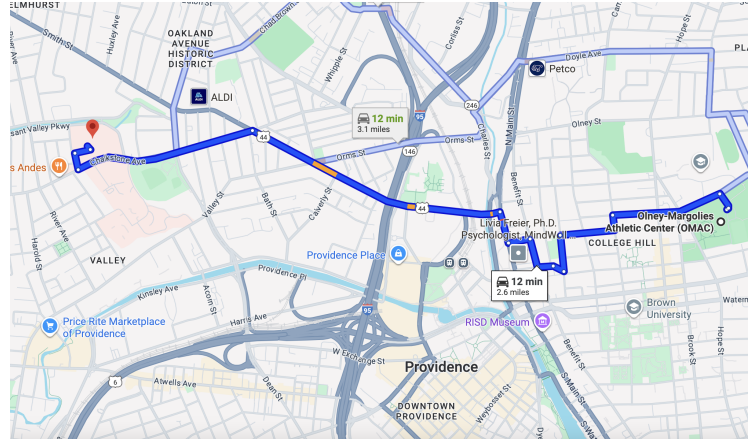
Rhode Island Hospital
593 Eddy St,
Providence, RI 02903
(401) 444-4000



Miriam Hospital
164 Summit Ave,
Providence, RI 02906
(401) 793-2500



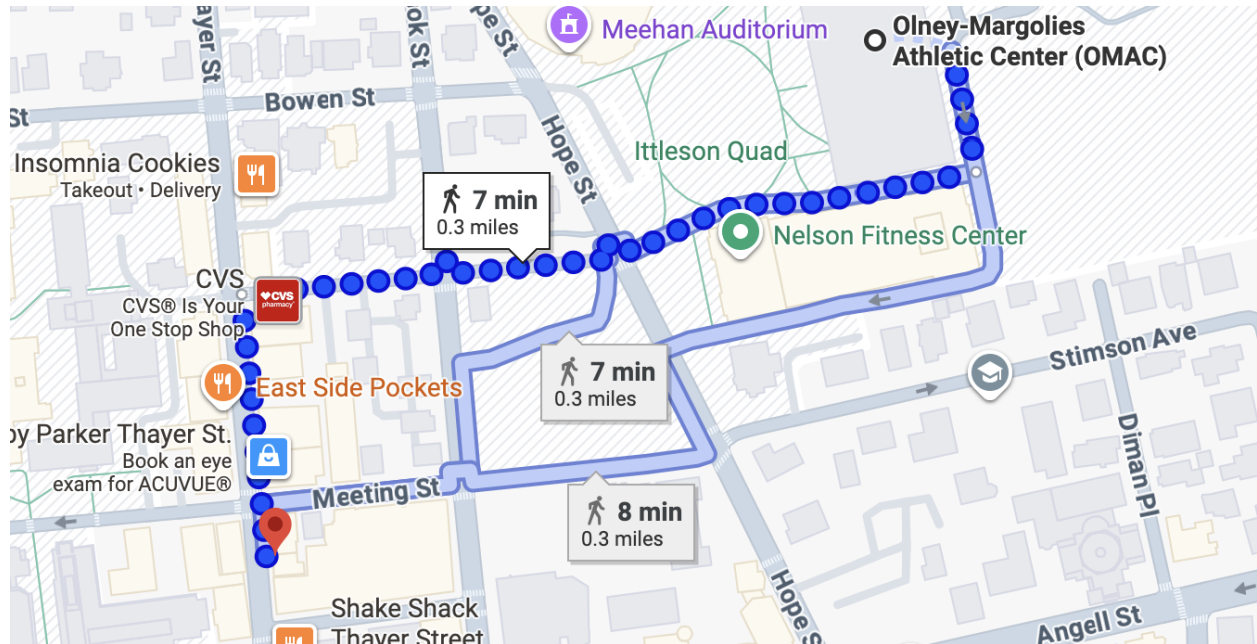
Roger Williams Medical Center
825 Chalkstone Ave,
Providence, RI 02908
(401) 456-2000



FOOD OPTIONS (↑)

Thayer Street is a 7 minute walk from the tournament facility and contains a variety of food options. Below are a couple options for those with dietary restrictions along with a map of the walking route to Thayer Street.

- **East Side Pockets (V, VG, GF)**
 - Eat side pockets is about a 7 minute walk from the tournament facility and serves middle eastern cuisine.
 - Hours 10AM-2AM
 - Menu can be found at <https://www.eastsidepocket.com/>
- **Kabob and Curry (V, VG)**
 - Kabob and Curry is a 7 minute walk from the tournament facility and serves Indian cuisine.
 - Hours 11AM-10PM
 - Menu can be found at <https://www.kabobandcurry.com/>



ACCOMMODATIONS: (↑)

In Seekonk, MA (5 miles East of Providence along I-195)

Hampton Inn Seekonk (Recommended)

1030 Fall River Ave

Seekonk, MA 02771

(508) 336-9000

<http://www.hamptoninnseekonk.com/>

Quality Inn Seekonk

341 Highland Ave.

Seekonk, MA, US, 02771

(508) 336-7900

<https://www.qualityinnprovidence.com/>

In Providence, RI (can be expensive, may be booked due to other events)

Hampton Inn & Suites

58 Weybosset Street,

Providence, Rhode Island, 02903

(401) 608-3500

<http://hamptoninn3.hilton.com/en/hotels/rhode-island/hampton-inn-and-suites-providence-downtown-PVDWYHX/index.html>

Hilton Garden Inn

220 India Street

Providence, RI 02903

(401) 272-5577

<http://hiltongardeninn3.hilton.com/en/hotels/rhode-island/hilton-garden-inn-providence-PVDISGI/index.html>

Additional Information on Accommodations Below:

<https://www.google.com/url?q=https://www.brown.edu/about/visit/accommodations&sa=D&source=docs&ust=1698024078778798&usg=AOvVaw2bExgiBlfkoz0ZxWCPEHP0>

WAIVERS: (↑)

There are two **REQUIRED** waivers. Please ensure that **EVERY ATHLETE** has filled out **BOTH** of the waivers below.

[Brown University Visiting Team Assumption of Risk Waiver Form](#)

*Submit only ONE WAIVER PER TEAM, signed by ALL COMPETITORS.

[Eastern Collegiate Taekwondo Conference \(ECTC\) Waiver Form](#)

*Submit ONE WAIVER per competitor. Only ONCE per season.

2025-2026 Club Registration Form (↑)

Ivy/Northeast Collegiate Taekwondo League also known as the Eastern Collegiate Taekwondo Conference

The Ivy Northeast Collegiate Taekwondo League (also known as the ECTC) club dues for the 2025-2026 season are \$150.

Please enclose a \$150 check made out to **"Ivy Northeast Collegiate Taekwondo League", or "INCTL"**. **No cash and no money orders**, only checks please. You can also submit payment electronically via PayPal on the ECTC website.

If possible, please submit this form electronically to dbchuang@gmail.com AND submit a hard copy by mail as well with the payment.

Submit this form to the INCTL Treasurer at:

Daniel Chuang
611 Green St.
Cambridge, MA 02139

Club information:

College name					
Club Contact Person					
Head Instructor					
Club Address					
City		State		Zip	
Club Phone No.		Contact email			
Club Website					

Please write below any additional information you would like to appear about your school on the ECTC website: